

2008 MEN'S OUTDOOR PERFORMANCE LIST (Final)

does not reflect altitude conversions

SEASON RESULTS

M 20-21	at Northridge Relays (Northridge, Calif.)	NTS
M 22	POTTS INVITATIONAL (Boulder)	NTS
M 29	at Rob Upton (Fort Collins, Colo.)	NTS
A 4-5	at Stanford Invitational (Stanford, Calif.)	NTS
A 5	at Texas Relays (Austin, Texas)	NTS
A 5	at Tom Benich Classic (Greeley, Colo.)	NTS
A 12	COLORADO INVITATIONAL (Boulder)	NTS
A 18-19	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 19	at Colorado State Open (Fort Collins, Colo.)	NTS
A 19	at Michael Johnson (Waco, Texas)	NTS
A 24-25	at Glenn Morris Decathlon/Heptathlon (Fort Collins, Colo.)	NTS
A 25-26	at Oregon Relays (Eugene, Ore.)	NTS
A 26	at Jack Christiansen Invitational (Fort Collins, Colo.)	5/10
M 3	at Wyoming Invitational (Laramie, Wyo.)	4/5
M 4	at Cardinal Invitational (Palo Alto, Calif.)	NTS
M 16-18	BIG 12 CHAMPIONSHIPS (Boulder)	1/12
M 30-31	at NCAA Midwest Regional (Lincoln, Neb.)	3/28
J 11-14	at NCAA Championships (Des Moines, Iowa)	10th/75
J 27-JU 6	at USA Olympic Trials (Eugene, Ore.)	

30:44.47	Richard Medina	Big 12 Outdoor (5/16-18)
33:48.43	Greg Castro	Big 12 Outdoor (5/16-18)

110 Meter Hurdles (14.30 regional qualifying standard; 13.3 cu)

15.42	Stephen Agyei	Rob Upton (3/29)
15.42	Adam Salzmann	CU Invite (4/12)
17.92	Ryan Dresen	CSU Ram Open (4/19)

400 Meter Hurdles (52.51 regional qualifying standard; 49.66 cu)

56.49	Stephen Agyei	Rob Upton (3/29)
56.64	Matthew McCathran	Front Range Classic (5/3)

3,000 M Steeplechase (9:07.00 regional qualifying standard; 8:26.45 cu)

8:28.85	pr/AA	Billy Nelson	NCAA Outdoor (6/13)
8:43.28	rq/pr	Pete Janson	Cardinal Invite (5/4)
9:06.68	pr	Christian Thompson	Cardinal Invite (5/4)
9:42.05	pr	Matt Herzl	Mt. Sac Relays (4/17-18)

4x100 Meter Relay (40.66 regional qualifying standard; 39.47 cu)

39.47	sr	Charles/Campbell/Terry/Dodson	NCAA Midwest Region (5/31)
39.59	rq	Charles/Campbell/Terry/Dodson	Big 12 Outdoor (5/16-18)
39.80	p	Charles/Campbell/Terry/Dodson	NCAA Midwest Region (5/30)
40.14	rq	Charles/Campbell/Terry/Dodson	Michael Johnson (4/19)
40.34	rq	Charles/Campbell/Stewart/Dodson	CU Invite (4/12)
42.57		Pincock/Micheel/Cronin/McCathran	Potts Invite (3/22)
42.66		Micheel/Terry/Pincock/McCathran	CU Invite (4/12)
42.69		Relay order not listed	Tom Benich Invite (4/5)
DNF		Charles/Campbell/Terry/Dodson	NCAA Outdoors (6/11)

4x200 Meter Relay

1:24.97		Charles/Campbell/Stewart/Dodson	Texas Relays (4/4-5)
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4x400 Meter Relay (3:10.00 regional qualifying standard; 3:05.16 cu)

3:03.27	rq	Terry/Campbell/Gomez/Dodson	Big 12 Outdoor (5/16-18)
3:19.83		Terry/Stewart/Gomez/Dodson	CU Invite (4/12)
3:20.95		No order listed	Tom Benich Invite (4/5)

Mile Relay (3:11.10 regional qualifying standard)

3:21.13		Terry/Campbell/Gomez/Dodson	Michael Johnson (4/19)
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Long Jump (7.34/26-10.75 regional qualifying standard; 26-2.50 cu)

25-02.75	pr/rq	Hugh Charles	Big 12 Outdoor (5/16-18)
21-05.25		Adam Salzmann	Rob Upton (3/29)
20-09.00		Parker Fales	CU Invite (4/12)
19-02.50		Ryan Dresen	Big 12 Outdoor (5/16-18)

Triple Jump (15.00/49-02.50 regional qualifying standard; 53-06.50 cu)

45-01.00		Parker Fales	Rob Upton (3/29)
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High Jump (2.10/6-10.75 regional qualifying standard; 7-04.00 cu)

6-03.50	dec	Ryan Dresen	Glenn Morris (4/24-25)
5-10.75		Adam Salzmann	Tom Benich Invite (4/5)

Shot Put (16.80/55-1.50 regional qualifying standard; 60-11.50 cu)

56-04.50		James Begley	Big 12 Outdoor (5/16-18)
46-01.25		Chase Dukes	Potts Invite (3/22)
41-10.50		Patrick Bachmann	Potts Invite (3/22)
35-09.25	dec	Ryan Dresen	Big 12 Outdoor (5/16-18)
34-05.00	dec	Adam Salzmann	Northridge Multis (3/20-21)

Hammer Throw (56.80/186-4 regional qualifying standard; 210-11 cu)

189-04	rq/pr	James Begley	Big 12 Outdoor (5/16-18)
184-05		Chase Dukes	Oregon Relays (4/26)
158-03		Patrick Bachmann	Tom Benich Invite (4/5)
154-08		Kevin Waldron	CSU Ram Open (4/19)
126-10		Mac Crawford	Rob Upton (3/29)

Discus Throw (51.70/169-7 regional qualifying standard; 209-7 cu)

178-05	rq/pr	James Begley	CU Invite (4/12)
160-09		Patrick Bachmann	Potts Invite (3/22)
140-04		Mac Crawford	CU Invite (4/12)
136-01		Chase Dukes	Rob Upton (3/29)
108-05	dec	Adam Salzmann	Big 12 Outdoor (5/16-18)
91-02	dec	Ryan Dresen	Glenn Morris (4/24-25)

Javelin (61.60/202-1 regional qualifying standard; 241-4.5 cu)

210-04	rq/pr	Brandin Williams	Big 12 Outdoor (5/16-18)
204-02	rq	Kevin Fasing	Potts Invite (3/22)
190-05	pr	Kevin Waldron	Big 12 Outdoor (5/16-18)
184-01		Chase Dukes	Tom Benich Invite (4/5)
160-05		Mac Crawford	Rob Upton (3/29)
125-03		Ryan Dresen	Tom Benich Invite (4/5)
143-04	dec	Adam Salzmann	Big 12 Outdoor (5/16-18)
127-07	dec	Ryan Dresen	Glenn Morris (4/24-25)

Pole Vault

12-03.50		Adam Salzmann	Big 12 Outdoor (5/16-18)
10-11.75		Ryan Dresen	Glenn Morris (4/24-25)

Decathlon (7,500 auto/6,900 provisional; 7,645 cu)

6437	pr	Adam Salzmann	Big 12 Outdoor (5/16-18)
5029		Ryan Dresen	Glenn Morris (4/24-25)

Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
dec	mark earned during decathlon competition
*	not an NCAA event

100 Meters (10.55 regional qualifying standard; 10.0 cu)

10.27	rq/pr	Jeremy Dodson	Big 12 Outdoor (5/16-18)
10.52	p/pr/rq	Hugh Charles	Big 12 Outdoor (5/16-18)
10.36	p	Ryan Campbell	Denver (6/7)
11.02		Shane Micheel	Jack Christiansen Invite (4/26)
11.27		Sam Pincock	CSU Ram Open (4/19)
11.37	dec	Adam Salzmann	Big 12 Outdoor (5/16-18)
12.12		Ryan Dresen	Glenn Morris (4/24-25)

200 Meters (21.35 regional qualifying standard; 20.37 cu)

20.37	sr/pr/rq	Jeremy Dodson	Big 12 Outdoor (5/16-18)
20.77	p	Ryan Campbell	Denver (6/7)
22.57		Shane Micheel	CSU Ram Open (4/19)
22.65		Nate Terry	CU Invite (4/12)
22.92		Stephen Agyei	CSU Ram Open (4/19)
23.14		Sam Pincock	CSU Ram Open (4/19)
23.05		Matthew McCathran	Tom Benich Invite (4/5)
23.64		Shane Cronin	CSU Ram Open (4/19)

400 Meters (47.20 regional qualifying standard; 45.64 cu)

47.88		Jeremy Dodson	Rob Upton (3/29)
48.16		Nate Terry	Front Range Classic (5/3)
48.53		Adrian Gomez	Big 12 Outdoor (5/16-18)
48.80		Adam Salzmann	CSU Ram Open (4/19)
49.32		Shane Cronin	Big 12 Outdoor (5/16-18)
49.63		Matthew McCathran	CSU Ram Open (4/19)
51.86		Stephen Agyei	CSU Ram Open (4/19)
57.00		Ryan Dresen	CSU Ram Open (4/19)

800 Meter Run (1:50.40 regional qualifying standard; 1:46.47 cu)

1:55.48		Rob Thayer	Jack Christiansen Invite (4/26)
1:56.31		Ben Ryan	CU Invite (4/12)
1:56.39		Rob Thayer	CU Invite (4/12)
1:56.63		Adrian Gomez	Potts Invite (3/22)

1,500 Meter Run (3:47.80 regional qualifying standard; 3:39.74 cu)

3:41.55	rq	Stephen Pifer	Oregon Relays (4/25)
3:43.69	pr/rq	Brent Vaughn	Oregon Relays (4/25)
3:45.23	pr/rq	Kenyon Neuman	Cardinal Invite (5/4)
3:46.19	pr	Rob Thayer	NCAA Midwest Region (5/31)
3:56.06		Bradley Harkrader	CU Invite (4/12)
3:58.58		Richard Medina	CU Invite (4/12)
3:59.44		Matt Tebo	CU Invite (4/12)
4:05.03		Christian Thompson	CU Invite (4/12)
4:08.31		Billy Nelson	CU Invite (4/12)
4:17.77		Greg Castro	Potts Invite (3/22)
4:30.45	dec	Adam Salzmann	Big 12 Outdoor (5/16-18)
5:39.49	dec	Ryan Dresen	Glenn Morris (4/24-25)

3,000 Meters* (7:50.39 cu)

8:42.92		Rob Thayer	Potts Invite (3/22)
8:57.18		Nick Miller	Potts Invite (3/22)
9:10.17		Greg Castro	CU Invite (4/12)

5,000 Meters (14:12.00 regional qualifying standard; 13:24.56 cu)

13:18.46	rq/pr/sr	Brent Vaughn	Cardinal Invite (5/4)
13:39.34	pr/AA	Stephen Pifer	NCAA Outdoor (6/13)
13:45.54	pr/AA	Kenyon Neuman	NCAA Outdoor (6/13)
13:51.58	rq/pr	Richard Medina	Mt. Sac Relays (4/17-18)
13:56.20	rq/pr	Matt Tebo	Mt. Sac Relays (4/17-18)
14:00.51	rq/pr	Chris Pannone	Cardinal Invite (5/4)
14:16.50		Bradley Harkrader	Mt. Sac Relays (4/17-18)
15:14.70		Nick Miller	Mt. Sac Relays (4/17-18)
15:38.13		Rob Thayer	Big 12 Outdoor (5/16-18)
15:43.41		Greg Castro	Mt. Sac Relays (4/17-18)
15:58.01		Billy Nelson	Big 12 Outdoor (5/16-18)
16:36.88		Matt Herzl	Big 12 Outdoor (5/16-18)

10,000 Meters (28:45.00 auto/29:30.00 provisional; 27:38.50 cu)

28:49.96	np/pr	Chris Pannone	Stanford Invite (4/5)
30:40.78		Kenyon Neuman	Big 12 Outdoor (5/16-18)
30:40.98		Bradley Harkrader	Big 12 Outdoor (5/16-18)
30:41.22		Matt Tebo	Big 12 Outdoor (5/16-18)
30:41.25		Chris Pannone	Big 12 Outdoor (5/16-18)

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STEPHEN AGYEI

200 Meters (22.92 pr)		
22.92	pr	CSU Ram Open (4/19)..... 13th
400 Meters (51.86 pr)		
51.86	pr	CSU Ram Open (4/19)..... 15th
110 Meter Hurdles (15.42 pr)		
15.42	pr	Rob Upton (3/29)..... 6th
15.99		Potts Invite (3/22)..... 5th
16.81		Tom Benich Invite (4/5)..... 7th
17.45		Front Range Classic (5/3)..... 9th
400 Meter Hurdles (56.49 pr)		
56.78		Rob Upton (3/29)..... 5th
57.88		Potts Invite (3/22)..... 7th
58.60		CU Invite (4/12)..... 12th

PATRICK BACHMANN

Shot Put (43-01.50 pr)		
41-10.50		Potts Invite (3/22)..... 7th
Discus (163-06 pr)		
160-09		Potts Invite (3/22)..... 3rd
155-06		CSU Ram Open (4/19)..... 8th
155-05		CU Invite (4/12)..... 5th
154-11		Tom Benich (4/5)..... 10th
153-09		Oregon Relays (4/25)..... 8th
153-08		Big 12 Outdoor (5/16-18)..... 10th
Hammer Throw (158-03 pr)		
158-03	pr	Tom Benich (4/5)..... 10th
158-01		Potts Invite (3/22)..... 6th
157-10		CSU Ram Open (4/19)..... 10th
154-05		CU Invite (4/12)..... 8th

JAMES BEGLEY

Discus (178-05 pr)		
178-05	pr/rq	CU Invite (4/12)..... 1st
176-02	rq	CSU Ram Open (4/19)..... 7th
174-01		Rob Upton (3/29)..... 5th
173-10		Front Range Classic (5/3)..... 3rd
173-01		Big 12 Outdoor (5/16-18)..... 1st
171-05		CSU Ram Open (4/19)..... 4th
171-00		Tom Benich Discus Invitational (4/5)..... 5th
166-00		Tom Benich (4/5)..... 7th
165-10		Oregon Relays (4/25)..... 6th
165-07		Potts Invite (3/22)..... 2nd
153-00		NCAA Midwest Region (5/31)..... 18th
Hammer (189-04 pr)		
189-04	pr/rq	Big 12 Outdoor (5/16-18)..... 9th
185-11		CU Invite (4/12)..... 3rd
183-07		Front Range Classic (5/3)..... 5th
175-11		Tom Benich (4/5)..... 4th
175-02		Rob Upton (3/29)..... 4th
174-07		Oregon Relays (4/25)..... 8th
173-00		Potts Invite (3/22)..... 3rd
171-01		NCAA Midwest Region (5/31)..... 20th
Shot Put (56-04.50 pr)		
56-04.50	pr	Big 12 Outdoor (5/16-18)..... 5th
54-06.50		CU Invite (4/12)..... 1st
54-02.75		CSU Ram Open (4/19)..... 2nd
53-05.00		Potts Invite (3/22)..... 1st
52-06.50		NCAA Midwest Region (5/30)..... 17th
51-09.00		Front Range Classic (5/3)..... 2nd
51-07.75		Rob Upton (3/29)..... 2nd
50-06.75		Oregon Relays (4/25)..... 4th
48-09.50		Tom Benich (4/5)..... 4th

RYAN CAMPBELL

100 Meters (10.33 pr)		
10.36		Denver (6/7)..... n/a
10.54	p	Big 12 Outdoor (5/16-18)..... 11th
10.69		Texas Relays (4/4)..... 20th
200 Meters (20.78 pr)		
20.77	pr	Denver (6/7)..... n/a
20.92	p	NCAA Midwest Region (5/31)..... 10th
20.97	rq/p	Big 12 Outdoor (5/16-18)..... 8th
20.99	rq	Big 12 Outdoor (5/16-18)..... 8th
21.11	rq	Front Range Classic (5/3)..... 3rd
21.39	rq	CU Invite (4/12)..... 1st
21.64		Michael Johnson (4/19)..... 4th

GREG CASTRO

1500 Meters (4:17.73 pr)		
4:17.77		Potts Invite (3/22)..... 8th
3,000 Meters		
9:10.17		CU Invite (4/12)..... 8th
5000 Meters (15:23.60 pr)		
15:43.41		Mt. Sac Relays (4/17-18)..... 26th
16:25.82		Big 12 Outdoor (5/16-18)..... 25th
10000 Meters (33:48.43 pr)		
33:48.43	pr	Big 12 Outdoor (5/16-18)..... 20th

HUGH CHARLES

100 Meters (10.52 pr)		
10.52	rq/pr	Big 12 Outdoor (5/16-18)..... 9th
10.69	p	Michael Johnson (4/19)..... 7th
10.79	p	NCAA Midwest Region (5/31)..... 23rd
10.79	pr	CU Invite (4/12)..... 3rd
10.81		Michael Johnson (4/19)..... 5th
Long Jump (25-02.75 pr)		
25-02.75	pr/rq	Big 12 Outdoor (5/16-18)..... 4th
24-08.50		NCAA Midwest Region (5/30)..... 6th

MAC CRAWFORD

Javelin (186-06 pr)		
160-05		Rob Upton (3/29)..... 5th
157-08		CU Invite (4/12)..... 11th
156-03		Tom Benich (4/5)..... 8th
153-02		Jack Christiansen Invite (4/26)..... 7th
150-01		Potts Invite (3/22)..... 6th
Discus (149-05 pr)		
140-04		CU Invite (4/12)..... 11th
136-04		Rob Upton (3/29)..... 12th
135-01		Tom Benich (4/5)..... 20th
129-07		CSU Ram Open (4/19)..... 18th
112-08		Potts Invite (3/22)..... 16th
Hammer Throw (126-10 pr)		
126-10	pr	Rob Upton (3/29)..... 13th
124-10		Potts Invite (3/22)..... 13th
120-07		CSU Ram Open (4/19)..... 28th
107-00		CU Invite (4/12)..... 24th

SHANE CRONIN

200 Meters (21.80 pr)		
23.64		CSU Ram Open (4/19)..... 21st
400 Meters (48.27 pr)		
49.32	p	Big 12 Outdoor (5/16-18)..... 22nd
50.21		Potts Invite (3/22)..... 10th
50.31		Front Range Classic (5/3)..... 7th
51.62		CSU Ram Open (4/19)..... 13th
52.00		CU Invite (4/12)..... 15th

JEREMY DODSON

100 Meters (10.27 pr)		
10.27	rq/pr	Big 12 Outdoor (5/16-18)..... 3rd
10.32	rq	Front Range Classic (5/3)..... 1st
10.41	p/rq	Michael Johnson (4/19)..... 1st
10.43	rq/p	Big 12 Outdoor (5/16-18)..... 4th
10.57	p	NCAA Midwest Region (5/31)..... 16th
10.62		Potts Invite (3/22)..... 1st
10.63		Texas Relays (4/4)..... 14th
200 Meters (20.27 pr)		
20.27	sr/rq/pr	Big 12 Outdoor (5/16-18)..... 2nd
20.66	rq/p	Big 12 Outdoor (5/16-18)..... 4th
20.73	rq	Front Range Classic (5/3)..... 1st
20.81		NCAA Midwest Region (5/31)..... 4th
20.74	s	NCAA Outdoors (6/12)..... 13th
20.85	rq	Michael Johnson (4/19)..... 2nd
20.97	p	U.S. Olympic Trials (6/27-7/6)..... 17th
21.01	p	NCAA Midwest Region (5/31)..... 5th
21.01	p	NCAA Outdoors (6/12)..... 5th
21.03	rq	Rob Upton (3/29)..... 1st
21.07	p	U.S. Olympic Trials (6/27-7/6)..... 19th
21.30	rq	Potts Invite (3/22)..... 1st
400 Meters (47.88)		
47.88	pr	Rob Upton (3/29)..... 2nd

RYAN DRESEN

Decathlon (5029 pr)		
5029	pr	Glenn Morris (4/24-25)..... 5th
100 Meters (12.12 pr)		
12.12	pr	Glenn Morris (4/24-25)..... 7th
12.18		Big 12 Outdoor (5/16-18)..... 14th
12.23		Rob Upton (3/29)..... 10th
12.60		Tom Benich Invite (4/5)..... 14th
400 Meters (57.00 pr)		
57.00	pr	CSU Ram Open (4/19)..... 21st
57.63		Glenn Morris (4/24-25)..... 7th
110 Meter Hurdles (17.92 pr)		
17.92	pr	CSU Ram Open (4/19)..... 7th
18.03		Glenn Morris (4/24-25)..... 5th
20.03		Tom Benich Invite (4/5)..... 11th
1500 Meters (5:39.49 pr)		
5:39.49	pr	Glenn Morris (4/24-25)..... 8th
High Jump (6-03.50 pr)		
6-03.50	pr	Glenn Morris (4/24-25)..... 2nd
6-02.75		Tom Benich (4/5)..... 4th
6-02.00		Rob Upton (3/29)..... 15th
6-01.25		Big 12 Outdoor (5/16-18)..... 11th
6-00.75		CU Invite (4/12)..... 17th

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Long Jump (19-02.50 pr)

19-02.50	pr	Big 12 Outdoor (5/16-18)	14th
18-11.25		CU Invite (4/12)	12th
18-10.50		Glenn Morris (4/24-25)	5th
18-05.00		Rob Upton (3/29)	12th

Shot Put (35-09.25 pr)

35-09.25	pr	Big 12 Outdoor (5/16-18)	13th
32-02.25		Glenn Morris (4/24-25)	3rd

Discus (91-02 pr)

91-02	pr	Glenn Morris (4/24-25)	5th
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Pole Vault (10-11.75 pr)

10-11.75	pr	Glenn Morris (4/24-25)	6th
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Javelin (127-07 pr)

127-07	pr	Glenn Morris (4/24-25)	13rd
125-03		Tom Benich (4/5)	13th
116-08		CU Invite (4/12)	22nd

CHASE DUKES

Discus (145-02 pr)

136-01		Rob Upton (3/29)	14th
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Javelin (184-01 pr)

184-01	pr	Tom Benich (4/5)	2nd
184-00		Big 12 Outdoor (5/16-18)	16th
183-08		Potts Invite (3/22)	3rd
181-05		CU Invite (4/12)	3rd
178-09		Rob Upton (3/29)	3rd

Hammer Throw (184-05 pr)

184-05	pr	Oregon Relays (4/25)	5th
173-11		Rob Upton (3/29)	14th
173-08		Potts Invite (3/22)	2nd
173-08		CU Invite (4/12)	4th
170-02		Big 12 Outdoor (5/16-18)	14th
164-05		Tom Benich (4/5)	7th
154-05		CSU Ram Open (4/19)	13th

Shot Put (53-05.00 pr)

53-05.00	pr	Potts Invite (3/22)	5th
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PARKER FALES

Long Jump (22-04 pr)

20-09.00		CU Invite (4/12)	6th
20-01.00		Rob Upton (3/29)	10th

Triple Jump (45-11.75 pr)

45-01.00		Rob Upton (3/29)	4th
44-06.25		Jack Christiansen Invite (4/26)	3rd
44-02.75		CSU Ram Open (4/19)	7th
43-10.00		Tom Benich (4/5)	4th
43-06.00		Potts Invite (3/22)	1st

KEVIN FASING

Javelin (216-06 pr)

204-02	rq	Potts Invite (3/22)	1st
192-04		Oregon Relays (4/25)	6th
190-11		Front Range Classic (5/3)	2nd
187-07		CU Invite (4/12)	2nd
186-01		Rob Upton (3/29)	2nd

ADRIAN GOMEZ

100 Meters (11.3 pr)

200 Meters (22.8 pr)

400 Meters (48.53 pr)

48.53	p/pr	Big 12 Outdoor (5/16-18)	18th
49.08	pr	CU Invite (4/12)	3rd

800 Meters (1:56.63 pr)

1:56.63	pr	Potts Invite (3/22)	1st
1:59.63		Michael Johnson (4/19)	9th
2:00.22		Front Range Classic (5/3)	11th

BRADLEY HARKRADER

1500 Meters (3:56.06 pr)

3:56.06	pr	CU Invite (4/12)	3rd
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5000 Meters (14:06.66 pr)

14:16.50		Mt. Sac Relays (4/17-18)	20th
14:33.60		Cardinal Invite (5/4)	21st
14:44.05		Big 12 Outdoor (5/16-18)	6th

10000 Meters (30:40.98 pr)

30:40.98	pr	Big 12 Outdoor (5/16-18)	2nd
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MATT HERZL

1500 Meters (3:59.75 pr)

Steeplechase (9:42.05 pr)

9:42.05	pr	Mt. Sac Relays (4/17-18)	12th
9:42.66		Big 12 Outdoor (5/16-18)	9th
10:14.32		CU Invite (4/12)	2nd

5000 Meters (16:36.88 pr)

16:36.88	pr	Big 12 Outdoor (5/16-18)	26th
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PETE JANSON

1500 Meters (3:46.00 pr)

4:00.95		Jack Christiansen Invite (4/26)	5th
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Steeplechase (8:43.28 pr)

8:43.28	rq/pr	Cardinal Invite (5/4)	2nd
8:50.61		NCAA Midwest Region (5/31)	5th
8:51.64	rq	Stanford Invite (4/4)	7th
9:10.43	p	NCAA Outdoors (6/11)	24th
9:19.33		Big 12 Outdoor (5/16-18)	3rd

MATTHEW McCATHRAN

200 Meters (23.05 pr)

23.05	pr	Tom Benich Invite (4/5)	110th
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400 Meters (49.63 pr)

49.63	pr	CSU Ram Open (4/19)	6th
49.88		Tom Benich Invite (4/5)	7th
50.13		Potts Invite (3/22)	9th

400 Meter Hurdles (56.64 pr)

56.64	pr	Front Range Classic (5/3)	10th
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RICHARD MEDINA

1500 Meters (3:58.58 pr)

3:58.58	pr	CU Invite (4/12)	7th
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5000 Meters (13:51.58 pr)

13:51.58	pr	Mt. Sac Relays (4/17-18)	2nd
14:12.02		NCAA Midwest Region (5/31)	13th
14:40.92		Big 12 Outdoor (5/16-18)	4th
14:51.19	p	NCAA Outdoors (6/11)	24th

10000 Meters (30:44.47 pr)

30:44.46	pr	Big 12 Outdoor (5/16-18)	5th
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SHANE MICHEEL

100 Meters (11.01 pr)

11.02		Jack Christiansen Invite (4/26)	3rd
11.07		CSU Ram Open (4/19)	5th
11.38		Tom Benich Invite (4/5)	4th
11.22		CU Invite (4/12)	8th

200 Meters (22.45 pr)

22.57		CSU Ram Open (4/19)	11th
22.58		CU Invite (4/12)	8th
22.67		Potts Invite (3/22)	9th

NICK MILLER

3000 Meters (8:57.18 pr)

8:57.18	pr	Potts Invite (3/22)	6th
8:58.04		CU Invite (4/12)	3rd

5000 Meters (15:14.70 pr)

15:14.70	pr	Mt. Sac Relays (4/17-18)	25th
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BILLY NELSON

1,500 Meters (3:52.93 pr)

4:08.31		CU Invite (4/12)	14th
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Steeplechase (8:28.85 pr)

8:28.85	pr/AA	NCAA Outdoors (6/13)	2nd
8:36.44	rq	Cardinal Invite (5/4)	8th
8:41.93		NCAA Midwest Region (5/31)	1st
8:41.99	rq	Mt. Sac Relays (4/17-18)	7th
8:44.77	p	NCAA Outdoors (6/11)	1st
8:53.84	rq	Big 12 Outdoor (5/16-18)	1st

5000 Meters (13:58.91 pr)

15:58.01		Big 12 Outdoor (5/16-18)	22nd
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KENYON NEUMAN

800 Meters (1:55.83 pr)

1,500 Meters (3:49.93 pr)

3:45.23	pr/rq	Cardinal Invite (5/4)	2nd
3:49.93		CU Invite (4/12)	1st

5,000 Meters (13:45.54 pr)

13:45.54	pr/AA	NCAA Outdoors (6/13)	7th
13:49.31		Mt. Sac Relays (4/17-18)	1st
14:00.28		NCAA Midwest Region (5/31)	4th
14:22.61		Big 12 Outdoor (5/16-18)	2nd
14:29.38	p	NCAA Outdoors (6/11)	2nd

10000 Meters (30:40.78 pr)

30:40.78	pr	Big 12 Outdoor (5/16-18)	1st
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CHRIS PANNONE

1,500 Meters (3:56.74 pr)

4:07.39		Jack Christiansen Invite (4/26)	8th
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5,000 Meters (14:00.51 pr)

14:00.51	rq/pr	Cardinal Invite (5/4)	9th
15:05.45		Big 12 Outdoor (5/16-18)	9th

10,000 Meters (28:49.96 pr)

28:49.96	np	Stanford Invite	4th
30:13.30		NCAA Outdoors (6/12)	18th
30:41.25		Big 12 Outdoor (5/16-18)	4th

2008 MEN'S OUTDOOR PERFORMANCE LIST (Final)

STEPHEN PIFER

800 Meter (1:50.43 pr)	
1500 Meters (3:40.51 pr)	
3:41.55	rq Oregon Relays (4/25)..... 1st
3:43.65	rq Big 12 Outdoor (5/16-18)..... 2nd
3:43.90	rq Cardinal Invite (5/4)..... 12th
3:47.75	rq Potts Invite (3/22)..... 1st
3:49.27	p Big 12 Outdoor (5/16-18)..... 2nd
5000 Meters (13:39.34 pr)	
13:39.34	pr/AA NCAA Outdoors (6/13)..... 2nd
13:40.54	rq Stanford Invite (4/4)..... 1st
13:55.10	U.S. Olympic Trials (6/27-7/6)..... 7th
13:58.70	NCAA Midwest Region (5/31)..... 2nd
14:10.86	p NCAA Outdoors (6/11)..... 3rd
14:42.01	Big 12 Outdoor (5/16-18)..... 5th

SAM PINCOCK

100 Meters (11.20 pr)	
11.27	CSU Ram Open (4/19)..... 9th
11.51	Potts Invite (3/22)..... 9th
11.30	CU Invite (4/12)..... 12th
200 Meters (22.70 pr)	
23.14	CSU Ram Open (4/19)..... 16th
23.34	CU Invite (4/12)..... 22nd

BEN RYAN

400 Meters (53.39 pr)	
800 Meters (1:53.00 pr)	
1:56.31	CU Invite (4/12)..... 3rd
1:58.63	Tom Benich Invite (4/5)..... 9th
1:59.46	Potts Invite (3/22)..... 7th
2:01.72	Jack Christiansen Invite (4/26)..... 17th
2:01.82	Front Range Classic (5/3)..... 12th

ADAM SALZMANN

Decathlon (6,179 points pr)	
6437	Big 12 Outdoor (5/16-18)..... 11th
6179	Glenn Morris (4/24-25)..... 2nd
5125	USA Junior Championships (6/20-21)..... 16th
100 Meters (11.37 pr)	
11.37	dec/pr Big 12 Outdoor (5/16-18)..... 11th
11.48	dec Northridge Multis (3/20-21)..... 8th
11.54	dec Glenn Morris (4/24-25)..... 3rd
11.68	dec USA Junior Championships (6/20-21)..... 10th
11.70	dec Tom Benich Invite (4/5)..... 8th
400 Meters (48.80 pr)	
48.80	pr CSU Ram Open (4/19)..... 2nd
49.42	dec Big 12 Outdoor (5/16-18)..... 4th
49.87	dec Rob Upton (3/29)..... 16th
49.88	dec USA Junior Championships (6/20-21)..... 3rd
49.97	dec Glenn Morris (4/24-25)..... 1st
110 Meter Hurdles (15.42 pr)	
15.42	pr CU Invite (4/12)..... 4th
15.51	dec USA Junior Championships (6/20-21)..... 8th
15.52	dec Big 12 Outdoor (5/16-18)..... 8th
15.65	dec CSU Ram Open (4/19)..... 2nd
15.78	dec Rob Upton (3/29)..... 7th
16.09	dec Glenn Morris (4/24-25)..... 2nd
1500 Meters (4:30.45 pr)	
4:35.45	dec/pr Big 12 Outdoor (5/16-18)..... 1st
4:33.30	dec Glenn Morris (4/24-25)..... 1st
High Jump (5-10.75 pr)	
5-10.75	pr Tom Benich (4/5)..... 6th
5-08.75	pr CU Invite (4/12)..... 11th
5-08.50	dec Big 12 Outdoor (5/16-18)..... 13th
5-07.00	dec USA Junior Championships (6/20-21)..... 16th
Long Jump (21-05.25 pr)	
21-05.25	pr Rob Upton (3/29)..... 7th
20-11.75	dec USA Junior Championships (6/20-21)..... 13th
20-10.75	dec Glenn Morris (4/24-25)..... 3rd
20-07.25	dec Northridge Multis (3/20-21)..... 8th
20-03.75	dec Big 12 Outdoor (5/16-18)..... 13th
19-09.75	dec CU Invite (4/12)..... 8th
Shot Put (38-11.75 pr)	
38-11.75	dec/pr USA Junior Championships (6/20-21)..... 12th
34-05.00	dec Northridge Multis (3/20-21)..... 12th
34-01.50	dec Big 12 Outdoor (5/16-18)..... 14th
32-00.75	dec Glenn Morris (4/24-25)..... 3rd
Discus (116-08 pr)	
116-08	dec/pr USA Junior Championships (6/20-21)..... 12th
108-05	dec Big 12 Outdoor (5/16-18)..... 9th
106-01	dec Glenn Morris (4/24-25)..... 2nd
Pole Vault (12-03.50 pr)	
12-03.50	dec/pr Big 12 Outdoor (5/16-18)..... 9th
11-11.75	dec Glenn Morris (4/24-25)..... 4th
Javelin (143-04 pr)	
143-04	dec/pr Big 12 Outdoor (5/16-18)..... 9th
137-07	dec USA Junior Championships (6/20-21)..... 13th
127-07	dec Glenn Morris (4/24-25)..... 13rd

116-10	CU Invite (4/12)..... 21st
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MATT TEBO

1500 Meters (3:59.44 pr)	
3:59.44	pr CU Invite (4/12)..... 8th
5000 Meters (13:56.20 pr)	
13:56.20	pr Mt. Sac Relays (4/17-18)..... 7th
14:06.04	NCAA Midwest Region (5/31)..... 7th
14:55.35	Big 12 Outdoor (5/16-18)..... 7th
10000 Meters (30:41.22 pr)	
30:41.22	pr Big 12 Outdoor (5/16-18)..... 3rd

NATE TERRY

200 Meters (21.86 pr)	
22.65	CU Invite (4/12)..... 9th
400 Meters (47.29 pr)	
48.16	Front Range Classic (5/3)..... 2nd
48.29	CU Invite (4/12)..... 1st
48.34	p Big 12 Outdoor (5/16-18)..... 17th
48.36	Michael Johnson (4/19)..... 4th
48.79	Potts Invite (3/22)..... 4th
48.84	Tom Benich Invite (4/5)..... 4th
800 Meters (2:00.78 pr)	

ROB THAYER

800 Meters (1:53.57 pr)	
1:55.48	Jack Christiansen Invite (4/26)..... 6th
1:56.39	CU Invite (4/12)..... 4th
1500 Meters (3:46.56 pr)	
3:46.19	pr NCAA Midwest Region (5/31)..... 9th
3:49.57	Cardinal Invite (5/4)..... 4th
3:53.16	p Big 12 Outdoor (5/16-18)..... 11th
3000 Meters (8:42.92 pr)	
8:42.92	pr Potts Invite (3/22)..... 2nd
9:04.32	CU Invite (4/12)..... 6th
5000 Meters (15:38.13 pr)	
15:38.13	Big 12 Outdoor (5/16-18)..... 17th

CHRISTIAN THOMPSON

1,500 Meters (4:05.03 pr)	
4:05.03	pr CU Invite (4/12)..... 13th
Steeplechase (9:06.68 pr)	
9:06.68	rq/pr Cardinal Invite (5/4)..... 16th
9:08.54	pr Mt. Sac Relays (4/17-18)..... 7th
9:12.88	NCAA Midwest Region (5/31)..... 13th
9:42.27	Potts Invite (3/22)..... 1st
9:42.67	Big 12 Outdoor (5/16-18)..... 10th

BRENT VAUGHN

800 Meters (1:54.02 pr)	
1,500 Meters (3:45.69 pr)	
3:43.69	rq/pr Oregon Relays (4/25)..... 5th
3:51.44	rq CU Invite (4/12)..... 2nd
3:52.67	p Big 12 Outdoor (5/16-18)..... 9th
5,000 Meters (13:18.46 pr)	
13:18.46	rq/pr/sr Cardinal Invite (5/4)..... 2nd
13:39.44	NCAA Outdoors..... 3rd
13:54.70	NCAA Midwest Region (5/31)..... 1st
14:13.99	rq Big 12 Outdoor (5/16-18)..... 1st
14:30.23	p NCAA Outdoors (6/11)..... 8th
10,000 Meters (30:28.17 pr)	

KEVIN WALDRON

Javelin (190-05 pr)	
190-05	pr Big 12 Outdoor (5/16-18)..... 12th
178-03	CSU Ram Open (4/19)..... 3rd
174-04	Jack Christiansen Invite (4/26)..... 3rd
172-00	Rob Upton (3/29)..... 4th
171-04	Tom Benich (4/5)..... 3rd
164-06	Potts Invite (3/22)..... 4th
165-08	CU Invite (4/12)..... 9th
Hammer Throw (154-08 pr)	
154-08	pr CSU Ram Open (4/19)..... 12th
138-05	Jack Christiansen Invite (4/26)..... 18th
134-05	Potts Invite (3/22)..... 10th
130-01	CU Invite (4/12)..... 17th
125-06	Rob Upton (3/29)..... 14th

BRANDIN WILLIAMS

Javelin (210-04 pr)	
210-04	pr/rq Big 12 Outdoor (5/16-18)..... 3rd
199-10	Tom Benich (4/5)..... 1st
198-09	NCAA Midwest Region (5/30)..... 18th
196-07	CU Invite (4/12)..... 1st
195-03	Potts Invite (3/22)..... 2nd
189-04	CSU Ram Open (4/19)..... 1st
187-08	Rob Upton (3/29)..... 1st
184-10	Oregon Relays (4/25)..... 8th

2008 WOMEN'S OUTDOOR PERFORMANCE LIST (Final)

SEASON RESULTS

M 20-21	at Northridge Relays (Northridge, Calif.)	NTS
M 22	POTTS INVITATIONAL (Boulder)	NTS
M 29	at Rob Upton (Fort Collins, Colo.)	NTS
A 4-5	at Stanford Invitational (Stanford, Calif.)	NTS
A 5	at Texas Relays (Austin, Texas)	NTS
A 5	at Tom Benich Classic (Greeley, Colo.)	NTS
A 12	COLORADO INVITATIONAL (Boulder)	NTS
A 18-19	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 19	at Colorado State Open (Fort Collins, Colo.)	NTS
A 19	at Michael Johnson (Waco, Texas)	NTS
A 24-25	at Glenn Morris Decathlon/Heptathlon (Fort Collins, Colo.)	NTS
A 25-26	at Oregon Relays (Eugene, Ore.)	NTS
A 26	at Jack Christiansen Invitational (Fort Collins, Colo.)	4/11
M 3	at Wyoming Invitational (Laramie, Wyo.)	5/5
M 4	at Cardinal Invitational (Palo Alto, Calif.)	NTS
M 16-18	BIG 12 CHAMPIONSHIPS (Boulder)	12/12
M 30-31	at NCAA Midwest Regional (Lincoln, Neb.)	22/28
J 11-14	at NCAA Championships (Des Moines, Iowa)	t25th/64
J 27-JU 6	at USA Olympic Trials (Eugene, Ore.)	

100 Meters (11.75 regional qualifying standard; 11.65 cu)

12.32	Cassie Hirshfeld	Potts Invite (3/22)
12.73	Joi Windham	CU Invite (4/12)
12.82	Monique Green	CU Invite (4/12)
12.92	Sara Price	CU Invite (4/12)

200 Meters (23.96 regional qualifying standard; 23.86 cu)

25.18	Cassie Hirshfeld	Potts Invite (3/22)
25.30	Veronica Maul	Michael Johnson (4/19)
25.22	hep Chelsea Haverty	Big 12 Outdoor (5/16-18)
26.12	Monique Green	Big 12 Outdoor (5/16-18)
26.27	hep Troi Smith	Big 12 Outdoor (5/16-18)
27.46	w Sara Price	Tom Benich Invite (4/5)
28.91	hep Kathleen Majewski	Glenn Morris (4/24-25)
29.10	hep Max Van Dyke	Glenn Morris (4/24-25)

400 Meters (54.61 regional qualifying standard; 54.22 cu)

56.40	Diamond Seay	Potts Invite (3/22)
56.94	Veronica Maul	Big 12 Outdoor (5/16-18)
58.29	Monique Green	Big 12 Outdoor (5/16-18)
59.04	Chelsea Haverty	CSU Ram Open (4/19)
60.64	Sara Price	Tom Benich Invite (4/5)
66.44	Troi Smith	CSU Ram Open (4/19)
66.90	Max Van Dyke	CSU Ram Open (4/19)

800 Meter Run (2:09.80 regional qualifying standard; 2:03.7 cu)

2:09.37	Jenny Barringer	CU Invite (4/12)
2:15.89	Sara Vaughn	CU Invite (4/12)
2:17.58	Allison Eckert	CU Invite (4/12)
2:18.74	Dani Rodriguez	Mt. Sac Relays (4/17-18)
2:19.41	Emily Hanenburg	CU Invite (4/12)
2:24.99	hep Chelsea Haverty	Northridge Multis (3/20-21)
2:33.55	Michelle Hiland	Potts Invite (3/22)
2:38.25	Allison Francke	Tom Benich Invite (4/5)
2:39.11	hep Troi Smith	Northridge Multis (3/20-21)
2:42.91	hep Max Van Dyke	Glenn Morris (4/24-25)
2:56.46	hep Kathleen Majewski	Glenn Morris (4/24-25)

1,500 Meter Run (4:27.80 regional qualifying standard; 4:10.81 cu)

4:11.36	pr Jenny Barringer	Switzerland (7/16)
4:29.92	Sara Vaughn	Cardinal Invite (5/4)
4:34.57	pr Allison Eckert	Cardinal Invite (5/4)
4:39.67	pr Emily Hanenburg	Mt. Sac Relays (4/17-18)
4:47.87	pr Laura Theatt	Potts Invite (3/22)
4:50.65	pr Allison Sawyer	Tom Benich Invite (4/5)
4:52.82	Dani Rodriguez	Jack Christiansen Invite (4/26)
4:59.75	pr Heather West	Tom Benich Invite (4/5)
5:05.92	Anna Chase	Tom Benich Invite (4/5)
5:13.10	pr Allison Francke	CSU Ram Open (4/19)
5:28.85	pr Anna Lieb	Jack Christiansen Invite (4/26)

3,000 Meters* (8:54.22 cu)

10:44.26	Anna Chase	Potts Invite (3/22)
11:40.47	Anna Lieb	CU Invite (4/12)

5,000 Meters (16:52.00 regional qualifying standard; 15:24.97 cu)

16:52.63	pr Laura Theatt	Mt. Sac Relays (4/17-18)
18:14.65	pr Emily Hanenburg	Big 12 Outdoor (5/16-18)
18:32.59	Anna Chase	Jack Christiansen Invite (4/26)
19:27.02	Dani Rodriguez	Big 12 Outdoor (5/16-18)

10,000 Meters (33:30.00 auto/35:00.00 provisional; 32:50.80 cu)

38:13.64	Anna Chase	Big 12 Outdoor (5/16-18)
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100 Meter Hurdles (13.92 regional qualifying standard; 12.98)

14.89	pr Chelsea Haverty	Front Range Classic (5/3)
15.28	Toi Windham	Potts Invite (3/22)
15.41	Troi Smith	CU Invite (4/12)
17.38	hep Max Van Dyke	Glenn Morris (4/24-25)
21.20	hep Kathleen Majewski	Glenn Morris (4/24-25)

400 Meter Hurdles (1:00.82 regional qualifying standard; 57.77 cu)

60.81	Toi Windham	Big 12 Outdoor (5/16-18)
62.53	Joi Windham	CU Invite (4/12)
63.83	Sara Price	Michael Johnson (4/19)

3,000 M Steeplechase (10:50.25 regional qualifying standard; 9:22.73 cu)

9:22.26	sr/Am Jenny Barringer	Olympic Games (8/17)
10:45.80	rq/pr Allison Sawyer	Mt. Sac Relays (4/17-18)
11:53.38	Heather West	CU Invite (4/12)

4x100 Meter Relay (45.70 regional qualifying standard; 44.95 cu)

47.49	Maul/Seay/T.Windham/Hirshfeld	CU Invite (4/12)
47.83	Green/J.Windham/T.Windham/Haverty	Front Range Classic (5/3)
48.05	T.Windham/Seay/Maul/Hirshfeld	Texas Relays (4/4-5)

4x200 Meter Relay

1:38.93	Seay/Hirshfeld/J.Windham/Maul	Texas Relays (4/4-5)
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4x400 Meter Relay (3:42.00 regional qualifying standard; 3:33.07 cu)

3:45.35	Maul/Haverty/T.Windham/J.Windham	Big 12 Outdoor (5/16-18)
3:50.47	Maul/T.Windham/J.Windham/Seay	Texas Relays (4/4-5)
3:54.64	Seay/J.Windham/T.Windham/Maul	CU Invite (4/12)
4:15.76	Haverty/Majewski/Smith/Van Dyke	CU Invite (4/12)

Mile Relay (3:43.30 regional qualifying standard; 3:45.53 cu)

Long Jump (6.00/19-08.25 regional qualifying standard; 20-10.50 cu)

17-09.50	hep Chelsea Haverty	Big 12 Outdoor (5/16-18)
16-10.75	hep Troi Smith	Big 12 Outdoor (5/16-18)
15-02.25	hep Kathleen Majewski	Glenn Morris (4/24-25)
14-03.00	Max Van Dyke	Tom Benich Invite (4/5)

Triple Jump (12.32/40-5 regional qualifying standard; 40-11.5 cu)

High Jump (1.75/5-8.75 regional qualifying standard; 6-3 cu)

5-04.25	pr/hep Chelsea Haverty	Big 12 Outdoor (5/16-18)
5-02.50	hep Kathleen Majewski	Glenn Morris (4/24-25)
5-00.50	hep Troi Smith	Big 12 Outdoor (5/16-18)
4-05.00	Max Van Dyke	CSU Ram Open (4/19)

Shot Put (14.30/46-11 regional qualifying standard; 54-6 cu)

42-07.50	Chynna McCall	CSU Ram Open (4/19)
38-05.50	hep Troi Smith	Big 12 Outdoor (5/16-18)
34-03.00	Alyssa Higby	Potts Invite (3/22)
31-09.50	hep Chelsea Haverty	Glenn Morris (4/24-25)
30-11.75	hep Max Van Dyke	Glenn Morris (4/24-25)
28-06.25	hep Kathleen Majewski	Glenn Morris (4/24-25)

Hammer Throw (54.15/177-7.50 regional qualifying standard; 196-10 cu)

139-00	Kaity Kark	Big 12 Outdoor (5/16-18)
122-05	Alyssa Higby	Potts Invite (3/22)
114-07	Chynna McCall	Rob Upton (3/29)

Javelin (43.45/142-6 regional qualifying standard; 169-5 cu)

116-09	pr Alyssa Higby	Front Range Classic (5/3)
101-07	pr Chelsea Haverty	Tom Benich Invite (4/5)
98-11	hep Troi Smith	Northridge Multis (3/20-21)
95-06	hep Max Van Dyke	Glenn Morris (4/24-25)
76-09	pr Kathleen Majewski	Tom Benich Invite (4/5)
66-10	Mychelle Lechman	Front Range Classic (5/3)

Discus Throw (47.30/155-2 regional qualifying standard; 181-7 cu)

148-08	Kaity Kark	Big 12 Outdoor (5/16-18)
123-07	Alyssa Higby	CSU Ram Open (4/19)
117-01	Chynna McCall	Rob Upton (3/29)

Pole Vault (3.85/12-7.50 regional qualifying standard; 12-4 cu)

Heptathlon (5,500 auto/5,050 provisional; 5,893 cu)

4,714	pr Chelsea Haverty	Big 12 Outdoor (5/16-18)
4,318	pr Troi Smith	Big 12 Outdoor (5/16-18)
3,355	pr Max Van Dyke	Glenn Morris (4/24-25)
3,150	pr Kathleen Majewski	Glenn Morris (4/24-25)

Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event

2008 WOMEN'S OUTDOOR PERFORMANCE LIST (Final)

JENNY BARRINGER

800 Meters (2:09.37 pr)			
2:09.37	pr/rq	CU Invite (4/12)	1st
1500 Meters (4:11.36 pr)			
4:11.36	pr	Luzern Spitzen Leichtathletik (7/16)	9th
4:17.19	rq	Oregon Relays (4/25)	1st
Steeplechase (9:22.73 pr/sr/Am)			
9:22.26pr/Am record/colleigate			
		2008 Olympic Game Finals	9th
9:22.73		KBC Nacht (7/20)	1st
9:29.20		2008 Olympic Game Prelims	3rd (second heat)
9:29.20AA/NCAA/stadium			
		NCAA Outdoor (6/13)	1st
9:33.11		U.S. Olympic Trials (6/27-7/6)	3rd
9:44.46		NCAA Midwest Region (5/31)	1st
9:48.50	p	U.S. Olympic Trials (6/27-7/6)	1st
10:00.56	p	NCAA Outdoors (6/11)	1st
10:19.82	rq	Big 12 Outdoor (5/16-18)	2nd
10:28.18	rq	Tom Benich (4/5)	1st
5000 Meters (15:48.24 pr)			

ANNA CHASE

1500 Meters (5:05.92 pr)			
5:05.92	pr	Tom Benich (4/5)	10th
3,000 Meters (10:47.82 pr)			
10:47.82	pr	CU Invite	4th
5,000 Meters (18:18.79 pr)			
18:32.59		Jack Christiansen Invite (4/26)	1st
10,000 Meters (38:11.23 pr)			
38:13.64		Big 12 Outdoor (5/16-18)	15th

ALLISON ECKERT

800 Meters (2:17.58 pr)			
2:17.58	pr	CU Invite (4/12)	3rd
2:17.70		Mt. Sac Relays (4/17-18)	22nd
2:18.35		Jack Christiansen Invite (4/26)	2nd
2:19.34		Potts Invite (3/22)	2nd
1500 Meters (4:34.57 pr)			
4:34.57	pr	Cardinal Invite (5/4)	4th
4:35.81		Mt. Sac Relays (4/17-18)	2nd
4:48.15		Tom Benich (4/5)	1st
4:50.74	p	Big 12 Outdoor (5/16-18)	14th

MORGAN EKEMO

1500 Meters (4:31 pr)			
5000 Meters (16:51 pr)			

ALLISON FRANCKE

800 Meters (2:38.25 pr)			
2:38.25	pr	Tom Benich Invite (4/5)	14th
1500 Meters (5:13.10 pr)			
5:13.10	pr	CSU Ram Open (4/19)	13th
5:16.84		CU Invite (4/12)	12th
5:20.26		Potts Invite (3/22)	9th

RACHEL GIOSCIA

1500 Meters (5:02.92 pr)			
3,000 Meters (11:10.46 pr)			
5,000 Meters (19:21.89 pr)			

MONIQUE GREEN

100 Meters (13.52 pr)			
13.52	pr	Tom Benich Invite (4/5)	2nd
12.82		CU Invite (4/12)	7th
200 Meters (26.12 pr)			
26.12	pr/p	Big 12 Outdoor (5/16-18)	21st
26.31		Tom Benich Invite (4/5)	2nd
26.65		CU Invite (4/12)	5th
400 Meters (57.3 pr)			
58.29	p	Big 12 Outdoor (5/16-18)	15th
61.27		Front Range Classic (5/3)	11th

EMILY HANENBURG

800 Meters (2:19.41 pr)			
2:19.41	pr	CU Invite (4/12)	4th
2:21.91		Potts Invite (3/22)	3rd
2:21.96		Jack Christiansen Invite (4/26)	7th
1500 Meters (4:39.67 pr)			
4:39.67	pr	Mt. Sac Relays (4/17-18)	6th
4:42.60	p	Big 12 Outdoor (5/16-18)	12th
4:49.06		Tom Benich (4/5)	2nd

5000 Meters

18:14.65		Big 12 Outdoor (5/16-18)	12th
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CHELSEA HAVERTY

Heptathlon (4479 points pr)			
4714		Big 12 Outdoor (5/16-18)	7th
4635		Glenn Morris (4/24-25)	4th
4479		Northridge Multis (3/20-21)	1st

100 Meter Hurdles (15.55 pr)

14.89	pr	Front Range Classic (5/3)	7th
15.23	hep	Big 12 Outdoor (5/16-18)	8th
15.38	hep	Glenn Morris (4/24-25)	4th
15.55		CSU Ram Open (4/19)	6th
15.68		CU Invite (4/12)	3rd
15.89		Rob Upton (3/29)	7th
16.10		Tom Benich Invite (4/5)	5th
16.62	hep	Northridge Multis (3/20-21)	6th

200 Meters (25.18 pr)

25.22	hep	Big 12 Outdoor (5/16-18)	5th
25.30		Front Range Classic (5/3)	3rd
25.31	hep	Glenn Morris (4/24-25)	2nd
25.55		CU Invite (4/12)	3rd
25.60	hep	Northridge Multis (3/20-21)	3rd
25.68		Tom Benich Invite (4/5)	1st
25.85		Rob Upton (3/29)	3rd

400 Meters (57.00 pr)

59.04		CSU Ram Open (4/19)	3rd
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Long Jump (18-01.00 pr)

17-09.50	hep	Big 12 Outdoor (5/16-18)	6th
17-03.25	hep	Northridge Multis (3/20-21)	2nd
17-02.00	hep	Glenn Morris (4/24-25)	4th

High Jump (5-04.25 pr)

5-04.25	hep/pr	Big 12 Outdoor (5/16-18)	4th
5-03.00		Tom Benich (4/5)	4th
5-02.50	hep	Glenn Morris (4/24-25)	14th
5-01.25	hep	Northridge Multis (3/20-21)	1st
5-00.50		Rob Upton (3/29)	17th
4-11.00		CSU Ram Open (4/19)	11th
4-11.00		CU Invite (4/12)	6th

Shot Put (38-05.50 pr)

38-05.50	hep/pr	Big 12 Outdoor (5/16-18)	11th
31-09.50	hep	Glenn Morris (4/24-25)	6th
28-09	hep	Northridge Multis (3/20-21)	2nd

Javelin (101-07 pr)

101-07	pr	Tom Benich (4/5)	5th
99-10		CU Invite (4/12)	6th
98-11	hep	Northridge Multis (3/20-21)	1st
95-08	hep	Glenn Morris (4/24-25)	4th
91-00	hep	Big 12 Outdoor (5/16-18)	7th

800 Meters (2:24.99 pr)

2:24.99	hep/pr	Northridge Multis (3/20-21)	1st
2:28.30	hep	Big 12 Outdoor (5/16-18)	5th
2:32.09	hep	Glenn Morris (4/24-25)	5th

ALYSSA HIGBY

Discus (123-07 pr)			
123-07	pr	CSU Ram Open (4/19)	13th
120-06		Jack Christiansen Invite (4/26)	14th
115-05		Potts Invite (3/22)	10th
115-00		Tom Benich (4/5)	13th
107-00		Rob Upton (3/29)	13th

2008 WOMEN'S OUTDOOR PERFORMANCE LIST (Final)

Shot Put (37-3 pr)

34-03.00	Potts Invite (3/22)	7th
33-06.50	CSU Ram Open (4/19)	15th
33-01.00	Rob Upton (3/29)	9th
32-04.75	CU Invite (4/12)	11th
32-01.50	Tom Benich (4/5)	7th
31-08.50	Jack Christiansen Invite (4/26)	13th

Hammer Throw (122-05 pr)

122-05	pr Potts Invite (3/22)	15th
115-05	CU Invite (4/12)	13th
107-00	Rob Upton (3/29)	15th
95-05	Tom Benich (4/5)	18th

Javelin (117-01 pr)

117-01	pr Jack Christiansen Invite (4/26)	2nd
116-09	Front Range Classic (5/3)	4th
113-06	Big 12 Outdoor (5/16-18)	14th
111-06	CU Invite (4/12)	4th
100-02	CSU Ram Open (4/19)	5th

MICHELLE HILAND

800 Meters (2:33.55 pr)

2:33.55	pr Potts Invite (3/22)	7th
2:33.97	Tom Benich Invite (4/5)	12th
2:40.25	Jack Christiansen Invite (4/26)	19th

CASSIE HIRSHFELD

100 Meters (12.32 pr)

12.32	pr Potts Invite (3/22)	3rd
12.40	CU Invite (4/12)	1st
12.45	p Michael Johnson (4/19)	11th
12.55	Texas Relays (4/4)	59th

200 Meters (25.36 pr)

25.36	CU Invite (4/12)	1st
25.60	Michael Johnson (4/19)	7th

KAITY KARK

Shot Put (42-04.75)

37-08.75	Big 12 Outdoor (5/16-18)	19th
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Discus (148-08 pr)

148-08	pr Big 12 Outdoor (5/16-18)	11th
130-07	Tom Benich (4/5)	10th
130-05	CSU Ram Open (4/19)	10th
121-07	CU Invite (4/12)	10th

Hammer Throw (145-11 pr)

139-00	Big 12 Outdoor (5/16-18)	16th
126-00	CU Invite	11th
124-02	CSU Ram Open (4/19)	15th
118-02	Tom Benich (4/5)	15th

MYCHELLE LECHMAN

Javelin (66-10 pr)

66-10	pr Front Range Classic (5/3)	6th
65-11	Jack Christiansen Invite (4/26)	6th
61-03	Potts Invite (3/22)	5th
59-02	CU Invite (4/12)	13th
52-00	CSU Ram Open (4/19)	11th

ANNA LIEB

1,500 Meters (5:28.85 pr)

5:28.85	pr Jack Christiansen Invite (4/26)	18th
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3,000 Meters (11:40.47 pr)

11:40.47	pr CU Invite (4/12)	8th
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KATHLEEN MAJEWSKI

100 Meter Hurdles (21.20 pr)

21.20	pr/hep Glenn Morris (4/24-25)	10th
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200 Meters (28.91 pr)

28.91	hep/pr Glenn Morris (4/24-25)	8th
29.51	Tom Benich Invite (4/5)	12th

800 Meters (2:56.46 pr)

2:56.46	hep/pr Glenn Morris (4/24-25)	10th
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High Jump (5-02.50 pr)

5-02.50	hep/pr Glenn Morris (4/24-25)	14th
4-11.00	pr Tom Benich (4/5)	9th
4-11.00	pr Potts Invite (3/22)	14th
NH	Big 12 Outdoor (5/16-18)	

Long Jump (15-02.25 pr)

15-02.25	hep/pr Glenn Morris (4/24-25)	7th
15-01.50	pr Potts Invite (3/22)	6th

Javelin (76-09 pr)

76-09	pr Tom Benich (4/5)	7th
76-06	hep/pr Glenn Morris (4/24-25)	9th

Shot Put (28-06.25 pr)

28-06.25	hep/pr Glenn Morris (4/24-25)	9th
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VERONICA MAUL

100 Meters (12.83 pr)

200 Meters (25.07 pr)

25.30	Michael Johnson (4/19)	5th
25.37	p Big 12 Outdoor (5/16-18)	19th
25.38	CU Invite (4/12)	2nd

400 Meters (55.80 pr)

56.94	p Big 12 Outdoor (5/16-18)	14th
57.03	Potts Invite (3/22)	4th
57.33	Michael Johnson (4/19)	7th
57.90	Front Range Classic (5/3)	3rd

CHYNNA McCALL

Shot Put (42-07.50 pr)

42-07.50	pr CSU Ram Open (4/19)	5th
41-05.75	Rob Upton (3/29)	5th
39-01.25	Big 12 Outdoor (5/16-18)	18th
39-01.00	Potts Invite (3/22)	2nd
38-00.00	CU Invite (4/12)	6th
37-11.25	Tom Benich (4/5)	4th
36-11.75	Jack Christiansen Invite (4/26)	9th

Hammer Throw (107-05 pr)

114-07	Rob Upton (3/29)	15th
110-05	CU Invite (4/12)	14th
107-05	Potts Invite (3/22)	16th
87-09	CSU Ram Open (4/19)	23rd

Discus (118-01 pr)

118-01	Tom Benich (4/5)	12th
117-01	Rob Upton (3/29)	10th
104-07	CU Invite (4/12)	14th
86-02	Jack Christiansen Invite (4/26)	22nd

SARA PRICE

100 Meters

12.92	CU Invite (4/12)	8th
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200 Meters (27.46 pr)

27.46	w Tom Benich Invite (4/5)	6th
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400 Meters (60.64 pr)

60.64	pr Tom Benich Invite (4/5)	9th
64.22	CU Invite (4/12)	4th

400 Meter Hurdles (62.57 pr)

62.57	p/pr Big 12 Outdoor (5/16-18)	10th
63.83	Michael Johnson (4/19)	2nd
64.22	CU Invite (4/12)	4th
64.88	Potts Invite (3/22)	5th

DANI RODRIGUEZ

200 Meters (29.72 pr)

400 Meters (65.01 pr)

800 Meters (2:19.28 pr)

2:18.74	Mt. Sac Relays (4/17-18)	24th
2:19.23	Jack Christiansen Invite (4/26)	4th
2:20.10	Tom Benich Invite (4/5)	3rd

1500 Meters (4:45.13 pr)

4:52.82	Jack Christiansen Invite (4/26)	2nd
4:58.86	CU Invite (4/12)	4th
5:00.66	p Big 12 Outdoor (5/16-18)	16th

5000 Meters (19:27.02 pr)

19:27.02	Big 12 Outdoor (5/16-18)	21st
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2008 WOMEN'S OUTDOOR PERFORMANCE LIST (Final)

ALLISON SAWYER

1500 Meters (4:50.65 pr)		
4:50.65	pr	Tom Benich (4/5).....3rd
3000 Meters (9:56.85 pr)		
Steeplechase (10:45.80 pr)		
10:45.80	pr/rq	Mt. Sac Relays (4/17-18).....1st
11:04.38		NCAA Midwest Region (5/31).....22nd
11:11.03		CU Invite (4/12).....1st
11:25.45		Big 12 Outdoor (5/16-18).....9th
11:43.03		Potts Invite (3/22).....1st

DYAMOND SEAY

100 Meters (12.61 pr)		
200 Meters (25.32 pr)		
400 Meters (56.40 pr)		
56.40	pr	Potts Invite (3/22).....2nd

TROI SMITH

Heptathlon (4136 points pr)		
4318		Big 12 Outdoor (5/16-18).....10th
4136		Northridge Multis (3/20-21).....3rd
4015		Glenn Morris (4/24-25).....6th
100 Meter Hurdles (15.41 pr)		
15.41	pr	CU Invite (4/12).....1st
15.66	hep	Northridge Multis (3/20-21).....2nd
15.69	hep	Big 12 Outdoor (5/16-18).....10th
15.95	hep	Glenn Morris (4/24-25).....5th
16.24		Tom Benich Invite (4/5).....16th
16.59		CSU Ram Open (4/19).....9th

High Jump (5-00.50 pr)

5-00.50	hep/pr	Big 12 Outdoor (5/16-18).....9th
4-11.00	hep	Northridge Multis (3/20-21).....2nd
4-11.00		CU Invite (4/12).....6th
4-11.00		CSU Ram Open (4/19).....t11th
4-11.00	hep	Glenn Morris (4/24-25).....8th

Shot Put (38-05.50 pr)

38-05.50	hep/pr	Big 12 Outdoor (5/16-18).....4th
37-00.25	hep	Glenn Morris (4/24-25).....4th
35-03.75	hep	Northridge Multis (3/20-21).....2nd

200 Meters (26.27 pr)

26.27	hep/pr	Big 12 Outdoor (5/16-18).....9th
27.30	pr	CU Invite (4/12).....12th
27.33	hep	Glenn Morris (4/24-25).....6th
27.74	hep	Northridge Multis (3/20-21).....6th

Long Jump (17-09.50 pr)

17-09.50	hep/pr	Big 12 Outdoor (5/16-18).....8th
15-07.50	hep/pr	Northridge Multis (3/20-21).....6th
15-00.75	hep	Glenn Morris (4/24-25).....8th

Javelin (94-00 pr)

94-00	hep/pr	Northridge Multis (3/20-21).....3rd
93-03	hep	Glenn Morris (4/24-25).....6th
87-01		CU Invite (4/12).....8th
85-06	hep	Big 12 Outdoor (5/16-18).....9th
70-10		Tom Benich (4/5).....8th

400 Meters (66.44 pr)

66.44	pr	CSU Ram Open (4/19).....15th
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800 Meters (2:39.11 pr)

2:39.11	hep/pr	Northridge Multis (3/20-21).....6th
2:48.50	hep	Big 12 Outdoor (5/16-18).....10th
2:48.74	hep	Glenn Morris (4/24-25).....9th

LAURA THWEATT

1500 Meters (4:47.87 pr)		
4:47.87	pr	Potts Invite (3/22).....2nd
5000 Meters (16:52.63 pr)		
16:52.63	pr	Mt. Sac Relays (4/17-18).....12th
16:54.25		Stanford Invite (4/5).....6th

MAX VAN DYKE

200 Meters (29.10 pr)		
29.10	hep/pr	Glenn Morris (4/24-25).....9th
29.76		Tom Benich Invite (4/5).....13th
400 Meters (66.90 pr)		
66.90	pr	CSU Ram Open (4/19).....16th
Javelin (95-06 pr)		
95-06	hep/pr	Glenn Morris (4/24-25).....5th
91-07		Potts Invite (3/22).....4th
86-03		CU Invite (4/12).....9th
83-04		Tom Benich (4/5).....6th

High Jump (4-05.00 pr)

4-05.00		CSU Ram Open (4/19).....18th
4-05.00	hep	Glenn Morris (4/24-25).....10th

Long Jump (14-03.00 pr)

14-03.00	pr	Tom Benich (4/5).....8th
14-03.00		CU Invite (4/12).....6th
13-08.75		Potts Invite (3/22).....9th
13-00.25	hep	Glenn Morris (4/24-25).....10th

Shot Put (30-11.75 pr)

30-11.75	hep/pr	Glenn Morris (4/24-25).....9th
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100 Meter Hurdles (17.38 pr)

17.38	hep/pr	Glenn Morris (4/24-25).....9th
17.40	pr	Potts Invite (3/22).....6th
17.44		CU Invite (4/12).....8th
20.35		CSU Ram Open (4/19).....14th
21.51		Tom Benich Invite (4/5).....12th

800 Meters (2:42.91 pr)

2:42.91	hep/pr	Glenn Morris (4/24-25).....8th
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SARA VAUGHN

400 Meters (59.25 pr)

800 Meters		
2:15.89		CU Invite (4/12).....2nd

1,500 Meters (4:19.70 pr)

4:29.92		Cardinal Invite (5/4).....10th
4:30.12		Mt. Sac Relays (4/17-18).....13th
4:42.10	p	Big 12 Outdoor (5/16-18).....11th

Steeplechase (11:18.91 pr)

HEATHER WEST

1500 Meters (4:59.75 pr)

4:59.75	pr	Tom Benich (4/5).....7th
5:03.74		CSU Ram Open (4/19).....9th

Steeplechase (11:53.38 pr)

11:53.38	pr	CU Invite (4/12).....4th
12:08.18		Potts Invite (3/22).....2nd
12:13.82		Jack Christiansen Invite (4/26).....4th

JOI WINDHAM

100 Meters (12.73 pr)

12.73		CU Invite (4/12).....5th
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400 Meter Hurdles (62.53 pr)

62.53	pr	CU Invite (4/12).....2nd
62.82		Texas Relays (4/3).....23rd
62.97		Front Range Classic (5/3).....2nd
63.05		Rob Upton (3/29).....2nd
63.94	p	Big 12 Outdoor (5/16-18).....11th
63.96		Michael Johnson (4/19).....5th
66.42		Potts Invite (3/22).....6th

TOI WINDHAM

100 Meter Hurdles (15.28 pr)

15.28	pr	Potts Invite (3/22).....5th
16.31		Rob Upton (3/29).....6th

400 Meter Hurdles (60.81 pr)

60.81	p/pr	Big 12 Outdoor (5/16-18).....7th
61.24	pr	Front Range Classic (5/3).....1st
62.02		Texas Relays (4/3).....16th
62.44		Michael Johnson (4/19).....3rd
62.79		CU Invite (4/12).....3rd
63.59		Rob Upton (3/29).....3rd
64.69		Potts Invite (3/22).....3rd